

# HOPE RECOVERY HOMES

## Long Term Faith-Based Residential Recovery Program

### Program Rules Overview

1. Once accepted into the program, guests are to call the Hope Recovery Homes @ 252-515-6976 for clear instruction on what to bring into the homes. (i.e. personal clothing, personal hygiene items only and not containing alcohol. Also no household items such as linens, blankets etc. they will be provided). You **may not** bring luggage or bags, including book bags or purses unless they can be laundered. Everything you bring must be in plastic bags and be washed upon arrival. **You may not bring electronic devices or telephones.**

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2. Guests are expected to follow all internal house rules as explained by the Hope Recovery Homes Staff. Violations of these rules will result in, loss of privileges, or possible termination from the program. The HS/PSS is responsible for the safe and smooth operation of the house and for insuring that all Guests follow all rules and attend all meetings. The HS/PSS has authority to breathalyze and/or drug test at will, and if necessary ask any Guest to leave immediately for insobriety or excessive violation of the House Rules, or for generally not being willing to follow the spirit of the program of recovery. Any decision affecting a Guest which might lead to a loss of privileges or termination from the program or any treatment the Guest feels they have wrongly received may be appealed immediately in writing to the HRHED.

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3. Guest will be responsible for your own meals. If you do not already have Food Stamps you will be taken to DSS so you can apply for them. It will be your responsibility to re-certify after your initial DSS appointment. **Each guest will be responsible to supply a 3lb coffee, 2lb creamer and 5lb sugar for classes and it must be turned into the HS so it will be properly noted.**

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4. The program at Hope Recovery Homes will include classroom time, house meetings, reading assignments, homework assignments, all of which are expected to be done as instructed to further your recovery.

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5. Guests will attend a minimum of three AA meetings per week. Authorized AA meetings are chosen by HRH. AA Old School will become your AA Home Group.

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6. Attendance at faith-based programs and studies are a regular part of our recovery program. We, like AA, are a spiritual program of recovery, and attendance at all program meetings is required, unless previously excused, this would include illness.

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7. Guests must record their coming and going from the house at all times by signing in and out of the house log book and by informing the HS/PSS's of your whereabouts. This is an issue of your recovery, and will not be overlooked.

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8. No overnight passes except for approved emergencies. Emergency will be defined at our discretion and will be only for immediate family involving life or death matters.

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9. Guests will observe a curfew and everyone must be on site by 9pm. **All doors are to be locked and un-opened from 10 pm to 6 am daily**, except when approved by the HS/PSS for work schedules. HRH has a mandatory "two-person" rule when you are out of the house on your free time always go out with a buddy for your protection. This is an issue of your recovery, and will not be overlooked. Unless you are working you should be returning to your house by dark. Dark will be determined by when the "Dusk to Dawn" Street Lights are on. If there is any doubt, ask your HS/PSS.

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10. Visitors are not allowed on the house property at any time. However, approved guest/family will be allowed on the outside house porches on Saturdays between 10am-6pm ONLY for a brief time. Special exceptions may be made for children and immediate family members in advance of their arrival. Off-Property family visits are encouraged whenever possible.

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11. If a Guest has been asked to leave by the HS/PSS or HRHD for whatever reason, guest agrees to **immediately** leave the premises. After that, guest has 24 hours to retrieve any remaining personal property. HRH will not be responsible for the loss, theft, or destruction of personal property or other valuables. Guests are responsible for the security of their personal belongings and encouraged not to bring anything of value onto our property.

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12. Guests are subject to random drug / alcohol tests and room searches at any time. Guests must maintain themselves in an alert orientation at all times. If your prescription meds cause you to be groggy or to oversleep, then they **MUST** be changed by your doctor.

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13. **No narcotics** at any time will be allowed in the recovery program and certain **non-narcotics** are also not allowed in the recovery program. Drugs such as, **but not limited to:** Seroquel, Klonopin, Depakote, (Clonazepam), Neurontin, (Gabapentin), Tramadol, (Ultram), Percocet, Benadryl, Ambien (sleep aids in general), and “anxiety” drugs (Xanax and the like) will not be allowed, as we have found them to have troubling side-effects and addictive characteristics. If a medication causes you to fail a drug test you may not take them in our program. Furthermore over the counter items, such as Kratom, will not be allowed. If you are primarily on psychotic medications HRH may not be the best choice for your living arrangements. We are designed for residential living for Substance Abuse for drugs and alcohol. **We are not a pain management clinic therefore we will not allow pain meds other than over the counter meds taken as directed.** Furthermore medications that require refrigeration cannot be allowed. All medications are kept in your personal space in your room. You are responsible for your own medications. **We maintain the right to add to this list as the need arises.**

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14. You must have appointments approved through the HRH Director prior to making it.

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15. When you are given a prescription, it must be approved through HRH Director to assure that you are taking medications we allow in our program of recovery.

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16. Guests are expected to behave in a mature adult manner, and at all times live in a manner consistent with residency in a faith-based spiritual program of recovery. The use of profanity and aggressive behavior will not be tolerated for any reason.

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17. I am involved in a current relationship? (**CIRCLE ONE**)    YES / NO

Developing a coupling relationship with another guest is strictly prohibited. This is an issue of your recovery, and will not be overlooked. Your focus should be on Recovery not in a relationship. Dating and coupling will be defined at the discretion of the HRH Recovery Team.

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18. Guests will be dismissed from the program immediately for any of the following:

- a. Possession of illegal drugs or alcohol ON or OFF property, or failing a drug or alcohol test.
- b. Threatening or violent behavior, or being “high” or drugged-out in any way observable.
- c. Theft, lying, and open disrespect to others.
- d. Possession of drug paraphernalia found in your room or bags you carry.

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19. There is no Landlord-Tenant relationship between the Guest and Hope Recovery Homes, Inc., so there are NO rights to stay, except by abiding by the program rules internal house rules and directions of the staff.

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20. Nothing containing alcohol is permitted in either the facilities or residences. This includes food products, medications, colognes, perfume, body spray, hand sanitizer, rubbing alcohol, etc.

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21. Guest are not allowed a cell phone, IPad/iPod, tablet, computer or other electronic devices. You are allowed phone access through the office during your break periods. You may give out the office number for family or job contact and a message will be taken for you.

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22. Guest are not allowed employment for the first 90 days. You may be able to take on a side job only if approved through the House Supervisor and if approved, after all classes and service work is done. If this side job interferes with any aspect of your recovery, including the ability to complete homework, comply with the two-person rule after dark, and meet curfew, you will be required to give up the job.

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23. Guests are not allowed a vehicle at HRH for the first 90 days in the program, and thereafter only with the approval of the HRHD. If approved guest must hold a valid current driver's license and proof of insurance. HRH will not be responsible for the loss, theft, or destruction of any vehicle parked or stored on our properties or anywhere. If approval is granted Guest may not transport another Guest without prior approval of the HS. If this privilege is abused it may be revoked.

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24. Guest may only use tobacco products in designated areas. No Vaping is permitted.

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25. All Guest will participate in service work recognizing helping others is an important step of recovery.

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26. Do you have a Court Date(s)? \_\_\_\_\_ Date: \_\_\_\_\_

Where: \_\_\_\_\_

We do not provide transportation to and from court dates but can supply a letter for your attorney if they request verification of your Recovery Program.

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Hope Recovery Homes, Inc., (HRH) regularly takes photos and on occasion shoots film and video on HRH property as a means to gather materials for promotional and production purposes. Accordingly, during the course of your stay, you and any of your guests may be photographed, filmed or videoed while participating in HRH events. Therefore, every Guest and/or non-HRH guest of HRH, by visiting the property, acknowledges and agrees that these photos, films and videos may be taken and used in Hope Recovery Home, Inc., products and promotional materials. Guests are responsible to notify your guests of this agreement. You and/or your guest may request in writing that photos taken during the visit not be used by Hope Recovery Homes for any public display.

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I have read, understand and accept the terms set forth above and further agree to abide by any and all rules and directions given by the Hope Recovery Homes Staff Members.

If you have any questions or comments, feel free to contact Hope Recovery Homes, Inc. any time @ 252-515-6976.

Email: [director@hoperecoveryhomes.org](mailto:director@hoperecoveryhomes.org)

Web: [www.hoperecoveryhomes.org](http://www.hoperecoveryhomes.org)

Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Full Name: \_\_\_\_\_

HRH Staff Approval: \_\_\_\_\_

***FAX THE COMPLETED APPLICATION, PROGRAM RULES OVERVIEW AND ASSESSMENT TO HOPE RECOVERY HOMES***

Fax #: **252-622-4839**

After your Application has been faxed call for a personal telephone interview.

*Thank you for your sincere interest in your recovery and in Hope Recovery Homes!*

**CONFIDENTIALITY STATEMENT**

The information contained on this form is PRIVILEGED AND CONFIDENTIAL INFORMATION intended only for the use of the individual or entity named above. If the reader of this message is not the intended recipient, you are hereby notified that any dissemination, distribution, or copy of this communication is strictly prohibited. If you have received this communication in error, please immediately notify us by telephone and return the original message to us at the address below via US Postal Service. Thank You.

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